

Western Australia Sri Lanka (Ceylon) Association Inc

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ABN: 41 031 087 846



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WA SRI LANKA ASSOCIATION

MEMBER CONNECT NEWSLETTER





President's Message



As I look back on my first three months in office, I see a very successful first event, our spring dance. My thanks to all those who supported us and graced this occasion.

My thanks go out to Indrani, Eroshani and Sharifa for the décor, artwork and print layouts; Vicky and Radha for event management; and Shereen, Chris, Ranjit and Francis for their support. Many thanks to The Illuminate Group and Master Cabinets for sponsorship, and the Australian Asian Association, IGA Westminster and Aurelius Solar for their Advertisements. Thanks also to Russell and Dwight of The Oceanites, and Chris and Anju, of CK Black Catering for their efforts in promoting the event, the music and superb dinner.

One event flows to another. The dance ensured we had adequate funds for our next event - the Seniors and Family Lunch which takes place on Sunday 18th November at The Victoria Park Bowling Club, Kent Street. This is a central venue with a licensed bar.

This year I hope to see more family members join in the lunch as we entertain all those trail blazers of our community – our seniors who worked hard in the past to build an association of note. I hope this event will be more a family event bringing all generations together as we spend quality time together. I hope this event will help cement stronger bonds and relationships among the members as we join in the music, Bingo, games, dancing, “sing- a-long” and raffle. If you intend to join us at this event please advise us early by contacting one of our Committee Members as entry is strictly by booking for catering purposes.

Christmas is fast approaching. On Sunday 2nd December we host our Children's and Family X'mas Celebration at the AAA Hall, 275 Stirling Street, Perth. Please join our choir which leads the Carols by candlelight, or, if you have the time and enthusiasm help us put together the children's Nativity tableau. Children are the focus of this event. Many of the children who have taken part in the Nativity tableau in previous years are older now, and we are on the lookout for new recruits. If you are able to help in this regard please get in touch with any one of us on the Committee with details. The Christmas season is the time dedicated to the children of our community and what better start than joining in this party!

We intend sending out our newsletter by email in the future, so please contact Shereen Gerreyn on Shere_eng@hotmail.com to update your details.

Also note our change of address. We have leased office space at The Australia Asia Lotteries Building, 275, Stirling Street, Perth WA 6000. (The AAA Lotteries complex.)

Looking forward to your support.

Anne Jansen

Editor's Note



Dear Members,

This is the first edition for this financial year and I have been volunteered so to speak to take on the Editor's mantle. As this newsletter is your chief method of contact with the WASLA community I encourage you to be actively involved in its contents. A newsletter is only as good as its contributors and contributions, so please write in and make this a true reflection of how WASLA members connect.

Max Gerryn has been absolutely wonderful in this regard, making personal contributions and pointing me in the direction of several interesting articles and snippets of information. Thanks to Max's diligence and commitment, we have an article on the late Ronnie Leitch, who passed away in Perth last month, one on the evergreen Punya Heendeniya of 'Gamperaliya' fame who celebrates a landmark birth anniversary, and an amusing caricature of the Sri Lanka High Commissioner.

Thank you very much, Max.

A big 'Thank You' also to the gorgeous Sharifa who cheerfully agreed to sort out the contributions, do the layout and also contribute an illuminating article on self-compassion.

I do hope more of you will be encouraged to contribute snippets of information, articles of interest, anecdotes, jokes, poems, recipes, cartoons, and drawings etc. for future editions.

I also welcome advertisements for future publications and for our website. The advertising costs are minimal and the money will be used to fund the Newsletter and administration costs.

Black & White full page	\$80.00 per publication
Black and White half page	\$50.00
Black and White quarter page	\$30.00
Black and White 'Business Card'	\$20.00
Leaflet distribution with Newsletter	\$100.00

Please join me in creating a newsletter that really connects us and is truly representative of our multi-faceted, multi-talented, multicultural WA Sri Lankan community. Please send your contributions to: Editor, WASLA Newsletter, c/o Australian Asian Association, 275, Stirling Street, Perth, WA 6000 or wa.srilanka.association@gmail.com.

I hope you enjoy this edition and I look forward to hearing from you soon.

Kind regards

Radha

The WASLA AGM was held on Sunday 26 August 2018 at the Noranda Hall



Incoming President
Anne Jansen



WESTERN AUSTRALIA - SRI LANKA (CEYLON) ASSOCIATION

GENERAL COMMITTEE - 2018/2019

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SRI LANKA NEWS IN BRIEF

Extract from newsletter - Victor Melder

1. Russian-made Kalashnikov to protect Sri Lankan elephants

Wildlife officials will be armed with Russian-made Kalashnikov AK 47 assault rifles under a Rs. 42 million project to protect elephants from poachers and to save human lives in the human-elephant conflict, the Cabinet has decided. These weapons, more sophisticated than the standard issue of Chinese-made T-56 assault rifles, are to be bought on a recommendation by Sustainable Development, Wildlife and Regional Development Minister, Field Marshal Sarath Fonseka. The total number of AK 47s to be imported is 2,568. Field Marshal Fonseka's Deputy Minister, Palitha Thevarapperuma, told the Sunday Times that the purchase of assault rifles would be connected with the human-elephant conflict, caused mainly as a result of people encroaching into the jungle habitats of elephants. In the past five years, some 375 people have died in incidents related to the human-elephant conflict, with 1,177 elephant deaths and 5,800 instances of property damages also being reported. (Sunday Times, 2.9.2018)

2. Tourism

Tourist arrivals in Sri Lanka rose 4.9% year-on-year in August, government data showed on Thursday. Tourist arrivals for the first eight months of the year rose 12.5% last year. The Government slashed its target for tourist arrivals and revenue for this year after a record 2017, citing anti-Muslim violence and an outbreak of dengue fever. Tourism Minister John Amararatunga in April said 2.5 million tourists were expected, down from an earlier estimate of 3 million, generating \$ 4 billion in revenue. Tourism accounts for nearly 5% of Sri Lanka's \$ 87 billion economy. (Daily Financial Times, 7.9.2018)

Editor's note: Sri Lanka has been ranked top country for travel in 2019 by Lonely Planet

<https://www.lonelyplanet.com/best-in-travel>

3. Drastic effects of drought

More than 700,000 people have been affected by the drought in 16 districts and the government has taken many measures to provide relief to them, the Disaster Management Centre ((DMC) says Jaffna District has borne the brunt of the drought with more than 370,000 people affected. In the East, Ampara, Batticaloa and Trincomalee districts were also affected by dry weather. The water levels in all major reservoirs in the Ampara District have dropped drastically. The water level of the Senanayake Samudraya in Inginiyagala has dropped to 34 feet, the lowest since 1976. Over 50,000 people have been affected by dry weather in the North Central Province, and the drought has affected over 19,000 families in six Divisional Secretariat Divisions in the Puttalam District. The government has allocated Rs. 200 million for the construction of agro wells for cultivation in dry zone areas. Padaviya and Vilachchiya villages, too, have been severely affected due to the drought affecting the Anuradhapura District. Twenty wells are to be constructed to meet the water requirements of the people in these areas. (Daily Island, 18.9.2018)

4. Chinese help for "Let's Awaken Polonnaruwa" programme

The Government will seek a loan of one billion US dollars from the Exim Bank of China for what could easily be the costliest project in Sri Lanka – the building of an 88 kilometre rail track from Kurunegala to Habarana. The construction work is to be awarded to the China State Construction Engineering Corporation Limited (CSEC) and will be part of President Maithripala Sirisena's "Let's Awaken Polonnaruwa" programme. Transport Minister de Silva has said: "According to the design, the total length of the track from Kurunegala to Habarana via Dambulla is 88 kilometres with an additional four kilometres double track to the Dambulla Economic Centre. (Sunday Observer, 23.9.2018)

5. Effects of depreciation on Sri Lankan economy

Prime Minister Ranil Wickremesinghe yesterday said that the government will have to slash imports by US\$ 500 million to US\$ 1 billion by imposing duties on some sectors because of current economic constraints due to strengthening of the US dollar. He added that industrial production in the US has increased causing rapid development. The Prime Minister added that those who invested in the Sri Lankan Stock Exchange had also pulled out US\$ 400 million. Prime Minister Wickremesinghe said the depreciation of the rupee against the dollar had been caused due to the previous government's short-sighted policy of securing commercial loans running into billions at higher interest rates. (Daily News, 25.9.2018)

6. The Asian Development Bank's (ADB) help for elevated highway in Colombo

The Asian Development Bank's (ADB) Board of Directors has approved a \$300 million loan to help in the construction of about 5.3 kilometers (km) of elevated toll highway with related facilities between the New Kelani Bridge (NKB) and Galle Face in central Colombo in Sri Lanka, a statement from the global bank said. The new highway is expected to ease traffic congestion, improve connectivity, and facilitate trade logistics in the country. In 2016, the port of Colombo handled about 1.3 million 20-foot equivalent units (TEUs) of gateway container cargo, which could double to 2.5 million TEUs in 2030 as Sri Lanka continues to grow. The 5.3-km elevated toll highway to be built as part of the South Asian Subregional Economic Cooperation (SASEC) Port Access Elevated Highway Project will include related road facilities including an advanced electronic toll collection (ETC) system, which will eventually be installed on the entire expressway network. (Times on line, 28.9.2018)

HC in Canberra



This is one of the many valuable contributions to this Newsletter from renowned cartoonist and die hard WASLA member Max Gerreyn. Max also has a unique drawing of the West Coast Eagles after their monumental Premiership win for sale.

Anyone expressing an interest in Max's work could contact Max on email: maxymail@bigpond.com or Phone: 08 9249 4609

A rare film clip on Sri Lanka 70 years ago "A soldier's film on Ceylon (1944 – 1945)"

Following is the link to hour-long B/W documentary film clip which gives us a rare glimpse of civilian life in Kandy and surrounding areas during the last years of British colonial rule.

<https://www.youtube.com/watch?v=S3c3tU9qD5w>

The 16- mm movie was shot in 1944-45 by an American soldier, one of several who were assigned to work with the British and Allied Forces stationed in Sri Lanka (then Ceylon) in World War II, when the South East Asia Command under Admiral Lord Louis Mountbatten had its HQ in Peradeniya. The film shows the peaceful atmosphere which prevailed at the time in the island which was virtually untouched by the horrors of the World War.



Tribute to the late Ronnie Leitch

“He stole the show on stage and off”

From an article by Yomal Senerath-Yapa – The Sunday Times Sri Lanka

Family and showbiz personalities remember Ronnie Leitch, the man and entertainer

“Suddenly. Due to a cardiac arrest... In Perth while on tour...” the phrases buzzed around creating shock waves before the sense of bereavement settled in.

Ronnie Luke Leitch was the man known for his signature shiny bald pate, his ebullient songs, his wonderful humour and his sparkling personality.

Ronnie was born in 1953 (which makes him 65, 19 days shy, at death). The young ‘Dehiwela Burgher’ was educated at Arethusia College, Wellawatte. The entertainer in him was ever irrepressible. In 1972 he was a rather memorable contestant at the Talent Club of Ceylon’s All Island Talent Contest. Equally well remembered is his love for movies and singing. He became the lead singer for Eustace Perera’s band Aerodynamics. He was with them till 1976 and he would go on to sing with bands like Pioneers, Super Golden Chimes and Haze, grooving in those palmy days at hip haunts like La Langousterie (in its old avatar), wooing revellers with his own renditions of chiming golden oldies as the disco glamour shimmered in the air.

He would sing into the eighties. In the middle of that decade he married Yvette. It was sometime after this, around the time his daughter Keshia was born, that Ronnie Leitch metamorphosed into that public icon people would lustily clamour for as Thattaya.

The signature song was written for Ronnie by Piyal Perera of *The Gypsies*. Piyal was adamant that Ronnie should shave his head if he was to sing the song on stage, and the head of hair which was lushly curled and jet black on the sides would go for good. Ronnie would begin religiously shaving his head every day.

Apart from Thattaya, of his best-loved Sinhala songs was ‘*Kauda bole Alice*’, ‘*Atha mita kasi panam*’, ‘*Darling my love*’ and ‘*Loka shoorayo*’.

Sunil Perera of *The Gypsies*, an artiste who would come to be very closely associated with Ronnie, remembers him as “a gentleman and one of the nicest people that Gypsies had the opportunity of working with”. He adds, “I know the Gypsies are going to miss him very much.”

Keshia and Keshan, just as their mother Yvette, are devastated, but it is obvious that the legacy and mettle of their father gives them inner steel. They are determined that they should celebrate his life and not just mourn his death.



Daughter Keshia and son Keshan, determined to celebrate their beloved father’s life, not just mourn his death.
Pix by Amila Gamage

In the legacy he left them, the lesson of love features large. “We want all parents to love their children like our father loved us. It was unconditional, it was pure, it was innocent. It had no boundaries.”

In all the word portraits- all of them sincere- that get sketched- the picture emerges of a humble, simple, God fearing person incapable of hate. It is significant that he passed away in Australia, a country that so many Burghers who left their motherland now call home. He was also a man of the world, very well-travelled, and saw humanity in everyone despite differences in race, caste or creed. That is why Keshia and Keshan’s message for his fans is to keep him in their hearts and keep loving him. “Because love was the main aspect of him, and love was all he wanted.”

May he rest in peace – Editor

WASLA Spring Breeze Dinner Dance



"Excellent dance! Good food, Music and entertainment. Very well organised and affordable for everyone to attend. Where can you get an evening night out for \$40 per head: only at WASLA!"
WASLA member Shiranthi Saverimutto



More pics from Spring Breeze Dinner Dance



From your Treasurer:

A friendly reminder that your WASLA membership fees for the period July 2018 to June 2019 are due. Please call Shereen on 0428 333 923 or email Shere_eng@hotmail.com for confirmation of your membership status for this year

Payment can be made via the following:-

By Electronic funds transfer:

Westpac Account BSB 036 062

Account No. 518950

Account Name: WASLA.

Reference - "Your Surname, Initials," Subs

By Cheque:

Drawn in Favour of WASLA

Mailed to:

The Western Australia Sri Lanka Association

C/O AAA, 275 Stirling Street, Perth 6000

Our Subscription rates remain the same for the year 2018 - 2019.

Single Membership: \$15.00

Family Membership \$ 25.00

Single pensioner Membership - \$5.00

Pensioner Family membership - \$ 10.00.

Student Membership: \$ 10.00

For those paying for multiple years in advance please note the change for year 2019 – 20 an onward on subscription rates as follows:

Pensioner Singles - \$10.00

Pensioner couples - \$15.00

We look forward to receiving your subscription which will ensure you are a paid up member of WASLA for 2019.

Thank you for supporting WASLA, its events and objectives.

Chris Raymond

Health & Wellbeing



How to Cultivate More Self-Compassion – “Learning to be kind to yourself”

Self-compassion or self-love may be a foreign concept for some people. This is especially true for those who were raised in abusive or unloving homes, where compassion may have been non-existent. A construct drawn from Buddhist psychology, self-compassion refers to a way of relating to the self — with kindness. It is not to be confused with arrogance or conceit, which usually indicates a *lack* of self-love.

Psychologist Kristin Neff was the first person to measure and operationally define the term “self-compassion.” She describes self-compassion as kindness toward the self, which entails being gentle, supportive, and understanding: “Rather than harshly judging oneself for personal shortcomings, the self is offered warmth and unconditional acceptance.” In other words, being kind to ourselves in good times and bad, in sickness and in health — and even when we make mistakes.

“If you can’t love yourself, how in the hell you gonna love somebody else?” — RuPaul

Why Self-Compassion?

Over the last decade or so, research has consistently shown a positive correlation between self-compassion and psychological well-being. People who have self-compassion also have greater social connectedness, emotional intelligence, happiness, and overall life satisfaction. Self-compassion has also been shown to correlate with less anxiety, depression, shame, and fear of failure.

People who lack self-compassion often exhibit a pattern of unhealthy relationships. As author Anis Qizilbash puts it, “How you treat yourself reflects how you let others treat you. If you’re unkind to yourself, you create a standard for how much abuse you accept from others and as a result end up attracting abusive and disrespectful relationships.”

When we have self-compassion, we are less likely to depend on others to validate our self-worth.

Following are 4 ways to begin practicing self-compassion and stop being so hard on yourself:

1. Treat yourself as you would a small child - Consider what a child might want or need in a hurtful situation. That child could be your own, or you could imagine *yourself* as a child. Much progress can be made by giving the self the very compassion that one might give to a child. You can also think of the way you would treat a good friend, or even a beloved pet, and then begin treating yourself accordingly.

2. Practice mindfulness - When we find ourselves caught in a barrage of self-criticism, it is often because we have gotten swept away in our negative storylines — usually ones that often play on repeat in our heads. Deep breathing exercises and meditating are excellent mindfulness practices.

3. Remember that you’re not alone - To feel is to be human, and that whatever they’re going through is also being experienced by millions of others. If we can recognize our shared humanity — that not one of us is perfect — we can begin to feel more connected to others, with a sense that we’re all in this together.

4. Give yourself permission to be imperfect - Self-compassion is about giving ourselves room to be human, to be flawed and sensitive, lazy and unproductive, without having to *define* ourselves by those flashes of feelings and ways of being.



Reference: **Allison Abrams, LCSW-R** “Psychology Today”
<https://www.psychologytoday.com/au>

Punya, at 80!

From an article by Dr Upul Wijayawardhana

Punya Heendeniya has just turned 80! It is hard to believe that; it feels as if it was just yesterday that she was dominating the silver screen. May be because of her timeless performances that she remains fresh in our memories.

Punya was born in picturesque Mirigama, fifth in a family of six, equally divided, all with artistic talents. Her dance teacher, the well-known Panibharatha, introduced her to the cinema, by making her take part in two dance sequences for the Sirisena Wimalaweera film 'Asoka' in 1953. Her first main-role was in 'Deiyange Rate' (1958), the famous W A Silva's novel brought to the screen by S D S Somaratna. It was a cousin of hers, "Siri Ayya", who had recommended Punya to Somaratna. When she was asked to read a few lines from the novel in front of the director L S Ramachandran, she 'acted' it out so well, she was offered the main role immediately! She had to climb the steep last steps of 'Sri Pada' repeatedly, to get a perfect shot, to the tune of "Seetha sunil diya dahara" sung in the beautiful voice of H R Jothipala, a song popular even today, after 60 years!!



Following the trend-setter 'Rekawa' by Lester James Pieris in 1956, breaking the mould of copying Hindi films, a new genre of 'indigenous' films started and Punya performed superbly as the leading actress in Kurulubedda (1962) and Sikuru Taruwa (1963), both directed by L S Ramachandran. Punya started 'living' the role than acting, which persisted since, making her every performance memorable. Seeing her superb performance in 'Kurulubedda', Lester had approached her, through a contact, to be 'Nanda' I 'Gamperaliya'; the rest is history, as they say.

Punya is a gifted writer too. I remember her only published book 'Birinda' keeping me enthralled on a long trans-Atlantic flight. She donated the proceeds from this book to charity. She was educated in Mirigama Central College and her dexterity in English bears testimony to the excellent education our generation was fortunate to receive.



She acted only in a few films but left a huge impact, as she lived the part. She has won many awards, for most of the roles she played, and continues to do so, the last being the 'Sarasaviya Abhimani' (Legendary) Award in 2016. "The Resena Mundial Festival in Acapulco, Mexico was held from 21 November to 4 December 1965. It was called the Festival of Festivals! Each film screened was a winner of a top award at some international festival.

Before the big day on 26 November, there was a press interview and as Punya was asked to pose for a picture in a bikini like all the other stars had done. Much to the surprise of the press men, she flatly refused, offering instead to pose in traditional attire.

The very next morning all the local papers featured Punya in full front-page pictures in a lovely cloth and jacket attire. That was a winner being quite a change from the usual cheesecake! They had given a full account of her flat refusal to appear in a bikini.

Punya has shown what matters is acting, living the role, not exposure of the flesh, to be remembered with affection, by thousands of fans. She has aged gracefully, retaining the features of the 'village beauty', we were so accustomed to, but no one would ever guess that she has completed four scores.

May she score another score, at least!

Congratulations Punya, and all the very best for the future - Editor



WASLA Future Events

THE WESTERN AUSTRALIA SRI LANKA (CEYLON)
ASSOCIATION Inc. (WASLA)

SENIORS AND FAMILY LUNCH 2018

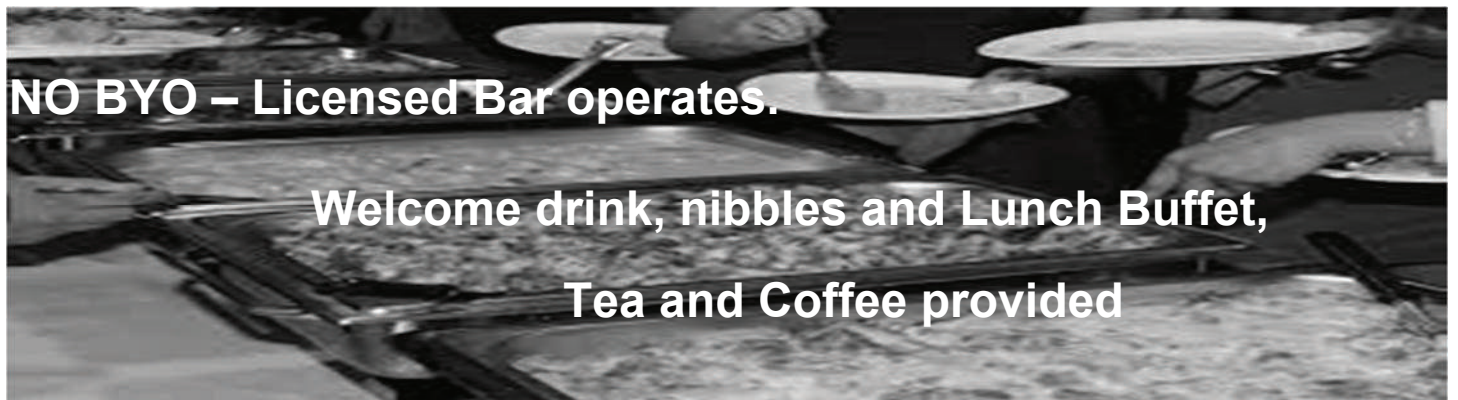
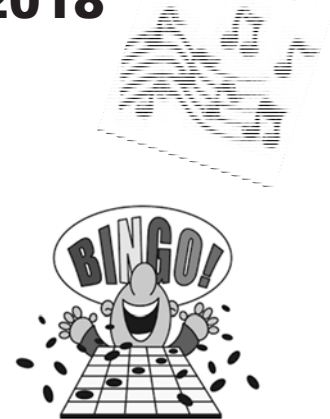


Sunday 18th November 2018

Venue: Vic Park Bowling club,
18 Kent Street, Vic Park 6101

From 10.30 am - 3 pm.

PRESENTATIONS!
BINGO! - MUSIC! - RAFFLE! - AND - SING-ALONG!



NO BYO – Licensed Bar operates.

**Welcome drink, nibbles and Lunch Buffet,
Tea and Coffee provided**

WASLA SENIOR MEMBERS OVER 65 - FREE

Non Member Seniors - \$12.00

WASLA members under 65 \$12.00

Non Members \$15.00

Children under 10 - \$8.00 dollars

Strictly BY BOOKINGS ONLY - by 15th November 2018

Book early as places are limited:

Anne Jansen: 0412 775 129
Radha de Mel: 0401 573 248
Vicky Sivarajah - 9378 2028
Godfrey Weldt: 0417 931 289

Indrani Samaraweera - 0401 008 001
Shereen Gerreyn: 0428 333 923
Francis Wilathgamuwa: 9375 3664

Ranjit Ratnayake: 9479 1236
Eroshani De Silva: 0426 877 145
Chris Raymond: 0421 300 5230



WA Sri Lanka Association X'Mas Celebration and Children's Christmas Party



Carols by Candlelight
Fun, Games and
Entertainment
A Christmas tableau

Sunday 2nd December
4:00-8:00 p.m.
Australian Asian
Association
275 Stirling Street Perth



Santa Claus will arrive by 6:30 pm



**Entry - \$5 per Adult Children
under 12 Enter Free**




For Information please contact:

Anne Jansen: 0412 775 129
Radha de Mel: 0401 573 248
Vicky Sivarajah - 9378 2028
Godfrey Weldt: 0417 931 289

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Francis Wilathgamuwa: 9375 3664

Ranjit Ratnayake: 9479 1236
Eroshani De Silva: 0426 877 145
Chris Raymond: 0421 300 5230



**Please bring a gift for your child
and
a plate of finger food to share
Soft drinks, Tea, Coffee
and Buffet tea is provided**

Community Focus

News from Sri Lanka Cultural Society of WA from President Dinu Ekanayake

SLCSWA event plan for 2018/19

EVENT	DATE	Primary Objectives
GATE Classes	Thursday 11 Oct 2018	To prepare our children for Gifted and Talented scholarship programs (GATE) – Year 5 Students This will help students to develop the skills in problem solving in Mathematics, Abstract reasoning and English.
Movie – "Goal" ගෝල්	Sunday 11 Nov 2018	Fund raising event for SLCSWA. This family Movie is very popular in Sri Lanka, which is still running and currently screening in Eastern States. "Goal" (ගෝල්) is a 2018 Sri Lankan Sinhala children's film directed by Rohan Perera and produced by Susara Dinal.
Governors House Food Fair	Sunday 18 Nov 2018	Annual event of SLCSWA for Representing Sri Lanka in Multicultural Area with 26 other counties at Governor's House Perth.
Family Christmas Celebrations and Ball	Saturday 15 Dec 2018	To bring the Christmas together and It's that time of year again. Christmas Carols and Ball in Perth with SLCSW - a great way for families to get together to enjoy the wonderful Christmas.
Independence Day	8th Feb 2019	One of the biggest celebrations of the year - Commemorate our national day in Perth City with Parallel to "Sri Lankan Day" This year we have planned cultural performances, parades, a flag raising ceremony and a many other stalls to represent Sr Lanka in the Heart of the City of Perth
Cricket Tournament	March 2018 - TBA	To Bring the whole nation together with 6-A-side tournament with food stalls, kid's entertainments and family events. a day to spend with family and friends.
New Year - Outdoor	Monday 22nd Apr 2019	The most interesting and entertaining part of the festival is this annual event by SLCSWA, which brings traditional games and activities to Perth.
New Year - Indoor	Saturday 27th Apr 2019	Second part of the New year festival is this annual event by SLCSWA with dancing, singing and Cultural performances, which highlights cultural significance of the New year celebrations. An event the whole family can enjoy.
Sri Lankan day- In Park for open for whole Australian community	Saturday 8th Jun 2019	We have planned our biggest event to bring whole Sri Lankan organizations and businesses together and Event is still in planning stage and we will notify to the community once finalized. Details to follow.

Celebrating Seniors' Week

An old guy walks into a bar and the bartender asks for ID. "You've got to be kidding," he said. "I'm almost 60 years old." The bartender apologized, but said he had to see the license. The guy showed his ID, then paid and told the bartender to keep the change. "The tip's for asking me for my ID" he said. The bartender put the change in the tip cup. "Thanks," he said. "Works every time."

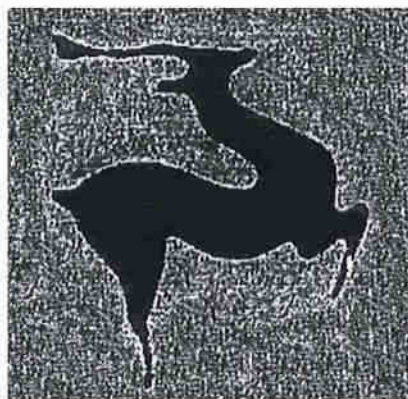


"Poor Old fool," thought the well-dressed gentleman as he watched an old man fish in a puddle outside a pub. So he invited the old man inside for a drink. As they sipped their whiskeys, the gentleman thought he'd humour the old man and asked, "So how many have you caught today?"

The old man replied, "You're the eighth."



Here's wishing all our Seniors a wonderful Seniors' Week and a life of good health, good luck and all life's little joys - Editor



S W Hart & Co [®]

*Proudly supporting
The Western Australia - Sri Lanka (Ceylon) Association*

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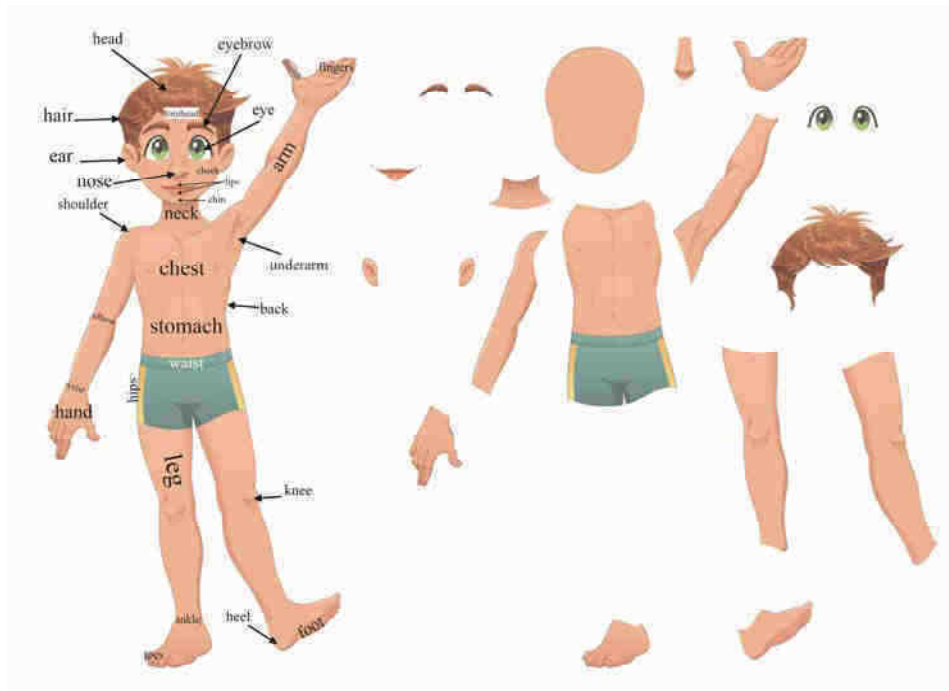
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NICK DISSANAYAKE

Unit 3/15 Kings Street, Bayswater 6053

0418 941 283

A WORD GAME FOR THE WHOLE FAMILY: DO YOU KNOW YOUR ANATOMY?



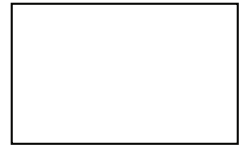
Answers must be written. Your answer **MUST** be spelt with the correct anatomical part.
e.g. An unnecessary extravagance is **Waist** (*Waste* is incorrect)

1. A personal pronoun
2. Spring flowers
3. An adhesive
4. Shellfish
5. Where a river enters the sea
6. A saw will be useless without these
7. Totally concerned with your appearance
8. All teachers are driven mad by them
9. You give this away when you fall in love
10. It's quite hard to join two bits of wood without these
11. 1/5280th of a mile
12. Christmas comes but once a
13. This starts a cheer
14. Impertinence / Insolence
15. Tall trees in a desert

Answers:

1. Eye, 2. Two lips; Irises 3. Gum 4. Muscles 5. Mouth 6. Teeth, 7. Vein 8. Pupils 9. Heart/Brain 10. Nails 11. Foot 12.. Ear
13. Hip 14 Cheek 15. Palms.

The Western Australia – Sri Lanka (Ceylon) Association Inc
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Newsletter



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